



THERAPY SERVICES

ActiveSolutionsTherapy.com

1 Linnie Court
Edgewood NM 87015

12220 N Hwy 14 Suite L
Cedar Crest, NM 87008

3901 Singer Blvd Suite B
Albuquerque, NM 87109
(Located inside Elevate, PHW)

Three locations, One convenient number
(505)286-7838 • Fax (505)286-8025

Patient _____ DOB _____ Date _____

Patient's Daytime Phone Number _____

Date of Injury or Surgery _____

Diagnosis _____

Frequency _____ Times per week for _____ Weeks

Special Instructions _____

Specialized Skills

- Evaluation & Treatment
- Movement Analysis/Re-education
- Joint Mobilization/Manipulation/Manual Therapy
- Myofascial Release/Soft Tissue Mobilization
- Neuromuscular Re-education
- Dry Needling
- Kinesio Taping
- Posture, Injury Prevention
- Body Mechanics Education
- Ergonomic Training
- Therapeutic Exercise Program
- Range of Motion/Stretching
 - Passive Active Assisted Active
- Cardiac/Pulmonary Rehab

- Independent Exercise Instruction/Fitness Program
- Running Analysis w/Computer Aided Software
- Vestibular/Balance Training
- Incontinence Training/Pelvic Pain Reduction
- Hand Therapy
 - Splinting Desensitization
 - Scar/Edema Management

Modalities

- Cervical/Lumbar Traction
- TENS or Home E-Stim Unit Set up
- Electrical Stimulation
- Ultrasound
- Phonophoresis
- Iontophoresis

I certify that physical therapy/occupational services for this patient are or were medically necessary on an out-patient basis, under a plan established and reviewed within 30 days by me as attending physician. Further, the written plan established is contained in the patient's record and prescribes the type, amount and duration of the physical/occupational therapy services.

Physician's Signature _____

Please fax this form to Active Solutions
Fax (505)286-8025

See reverse side for insurance companies and map



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Active Solutions is a Preferred Provider and Accepts the Following Insurance Plans:

Automobile Insurance (All Plans)

Group Health:

AARP

Aetna

Amerivantage/Amerigroup

BlueCross/BlueShield (All Plans including Centennial)

BlueCross/BlueShield Medicare Advantage

Care Improvement Plus

Champ VA

First Health Network

GEHA Network

GreatWest

HCH Administration

Healthscope

Humana (All Plans)

Mail Handlers

Medicare (Including all Senior Plans and R.R Medicare)

Medicaid (Including all Centennial Plans)
MultiPlan

Molina (Marketplace and Medicare)

Mutual of Omaha

New Mexico Health Connections

Presbyterian (All Plans Including Centennial and Senior Care)

Private Health Care Systems (PHCS)

TriCare (UHC Military) / TriCare for Life

United Health Care -

(Including Medicare Advantage and Centennial)

Western Skies

Workers Compensation Insurance:

Adjusting Alternatives

Broadspire

Builders Trust

CCMSI

Corvel

Crawford and Company

Hartford

Integrion

MedRisk

One Call Care Management

OWCP (Department of Labor)

